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Sixaholic

YOUR WEEKLY FIX OF WHO, WHAT, WHEN AND WEAR EDITED BY SUZANNE ZUCKERMAN**WHO'S
THAT
GUY?**

"I can see all of Manhattan from my deck. I have a better view than most people in the city."

Renaissance Man

Jersey boy Val Emmich makes the girls—and burly men—swoon with his indie pop tunes and dreamy acting, then goes home to work on his novel.

You may recognize Val Emmich as the hot intern on *30 Rock* who turned Judah Friedlander's *Boobs Magazine*-reading character "gay for Jamie." Or perhaps you know him as the "manny" who set cougar hearts aflutter on *Cashmere Mafia*. But there's more to this Jersey City resident than just his roles as TV's resident man candy. In fact, the 28-year-old is a jack-of-all-trades. "I've always called myself a musician to avoid getting a

real job," says Val. "The acting thing snuck up on me—maybe I've done well because I didn't care." He's toured with Dashboard Confessional and his fifth album, *Little Daggers* (featuring Rilo Kiley's Blake Sennett), has a July release, but he still plays at the same Jersey Shore haunts where he gained a fan base while a student at Rutgers (catch him at the Saint in Asbury Park on Apr. 19). Val is also busy shopping around a novel

about a cynical rock scion, *A Break in the Weathers*, and surfing. "I learned to surf in Costa Rica, but I've been hanging out at the shore, trying to get better," he says. "It's not going well." Luckily he's got that actor-singer-novelist thing to fall back on. "I feel like I am in on a joke right now," he adds. "I'm trying to keep it going until someone calls me out on the fact that I am not very good at any of this." —Kirsten Fleming